

SECRET YETI
AGENT TOOL
ROAR'O'METER



My personal challenge is

Help your young person decide on a challenge to work on over the next few weeks, then choose one for yourself.

It should be something you find tricky that can be worked on over the next six weeks.

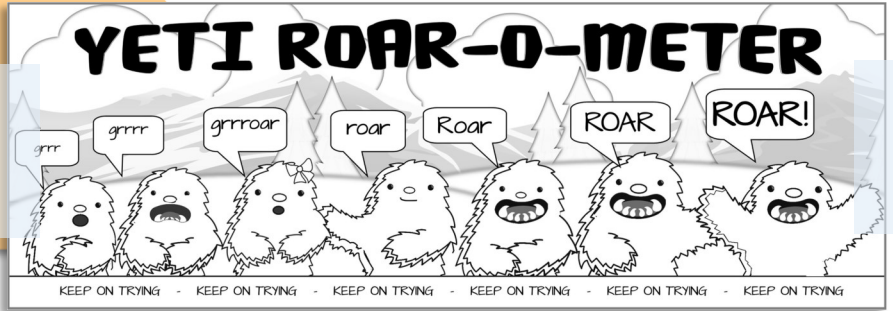
Measure how confident you feel about your challenge each week by marking or colouring the **Roar'O'Meter** to show how you feel.

REMEMBER six weeks practise doesn't make you an expert, but hopefully you should feel your confidence growing through determination and perseverance.

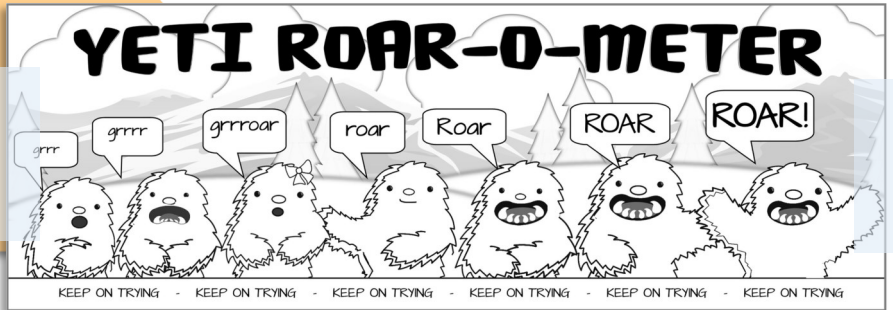
YETI ROAR-O-METER



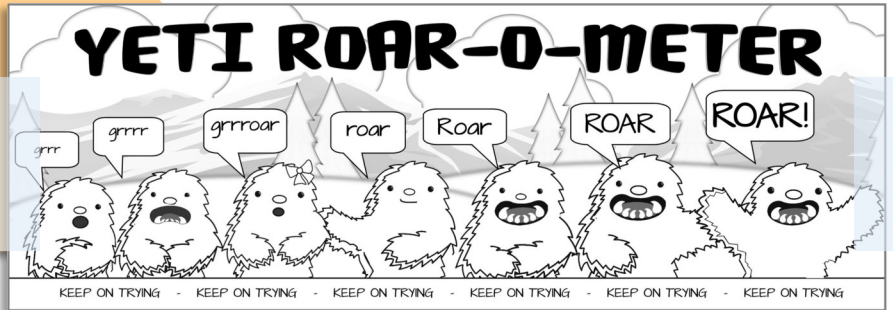
Week 1



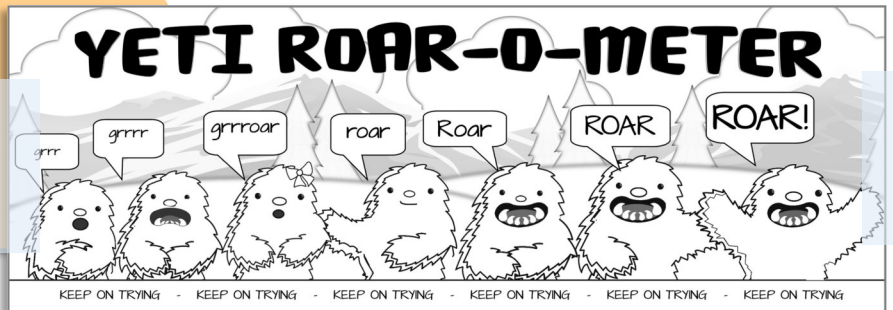
Week 2



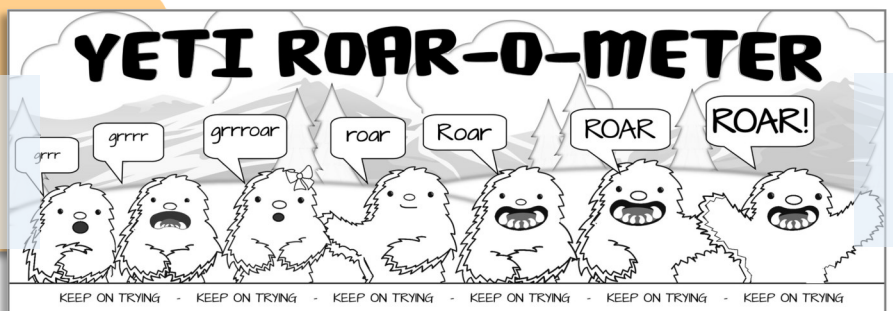
Week 3



Week 4



Week 5



Week 6

