

POTENTIAL THREATS



RISKS TO TEENAGERS :

- Drugs and alcohol affect the chemical balance in your brain and change the way you think, the way you feel and the way you make decisions.
- People under the influence of drugs and alcohol do things they wouldn't normally do. You can put yourself in danger or do things you're embarrassed about you regret later.

**USING DRUGS AND ALCOHOL REGULARLY CAN LEAD TO
YOU FEELING MOODY, ANXIOUS, PANICKED OR
UNMOTIVATED MOST OF THE TIME.**