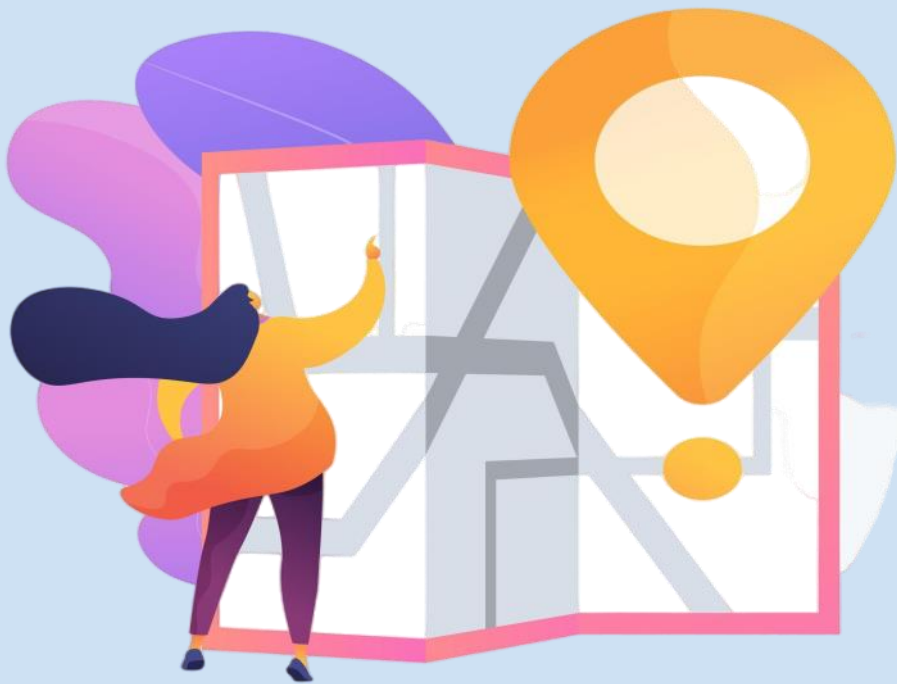


# YOUR PURPOSE MAP



A Purpose map gives your life and your role as a foster carer clarity and direction. It not only uncovers your purpose ... it uncovers your mission, your impact, your vision and your values.

Being clearer on all these aspects supports the delivery of your purpose ... powerful stuff to have at hand when you need a boost or feel like you're struggling.

## YOUR PURPOSE

Your purpose is the guiding light in your life ... it's why you do what you do. It's the bedrock on everything else is built and is woven into everything you do.

**Your purpose statement shows why you're a foster carer.**

## **YOUR VALUES**

Your values are the beliefs you hold close to your heart that guide your attitudes and motivate your actions. They guide your journey in foster care and describe the type of carer you want to be. When your actions and your values align, life is more fulfilling and day to day living is less stressful.

## **YOUR IMPACT**

Who will be impacted by you fulfilling your purpose? What difference will it make to your young people, family and wider community?

## **YOUR VISION**

A vision statement is about your end goal ... when you step down at the end of your foster care career. What would it look like for you to feel fulfilled and successful? Although your statement should be ambitious, it should still be realistic with the ability to motivate you towards your desired goal.

## **YOUR MINDSET MISSION**

Although a mission statement outlines how you are going to move from A to B, being blinkered or rigid in the path of that mission is most often a route to frustration or feeling unfulfilled. Moving forward with a Growth Mindset lets you build positively on mistakes and opens up possibilities you might never have considered. Fueling your mission with Growth Mindset thinking is likely to make it a more rewarding and impactful journey than it would be otherwise!