

PRACTICAL NEGOTIATING



What do you want to talk about?

What change do you want to make?

Change your statement to a question - 'Can we talk about?'

Add your reason for asking.

What difference will it make to you?

Having a Growth Mindset in a situation like this is about recognizing that you might not get exactly what you want straight away.

If you're able to compromise and are able to show yourself as trustworthy, you can work to earn the independence you're looking for or changes you want to make.