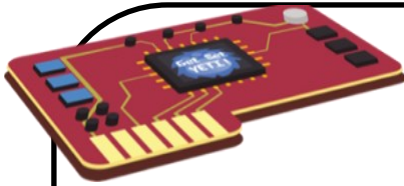


# REBOOT YOUR INNER STORY

In the box below, write a description of yourself, letting your fixed mindset inner voice have free reign. Talk about your skills, your relationships and your future.



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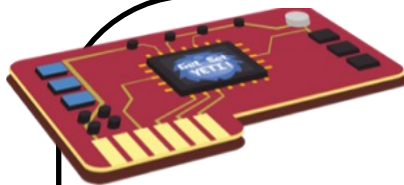
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Underline all of the negative or Fixed Mindset things you've said about yourself and flip it with Growth Mindset thinking. You don't have to believe everything you've written YET, but it's a starting point to work towards ... you're more amazing than you think!



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