

# Hello People-Friends!

I've been telling everyone at Yeti H.Q. about how hard you've been trying at your Growth Mindset and they're all really impressed!

Sometimes when I'm doing something hard I get nervous and hide in my shed, but my Granny always makes me feel better and helps me to try, things never seem so hard when you start trying.

Yetis have a special tool to help us see our confidence growing when we're learning something new. We've sent you a yeti Roar'O'Meter so you can use it too ... just keep building on each try and you'll get there!

I'm missing home a little, would it be ok to put a few twigs in my den so I can smell the outside when I fall asleep?

Be Roarsome,

xx

