

PUT IT ON PAPER

Is there something you've been doing that would be classed as 'risky behavior' by the adults in your life that care about your wellbeing?

Do you understand the risks? List them below.

What are the short term consequences to your mental and physical health?

What are the long term consequences to your mental and physical health?

Use a search engine to get as much information as possible.

Were you aware of the potential consequences?